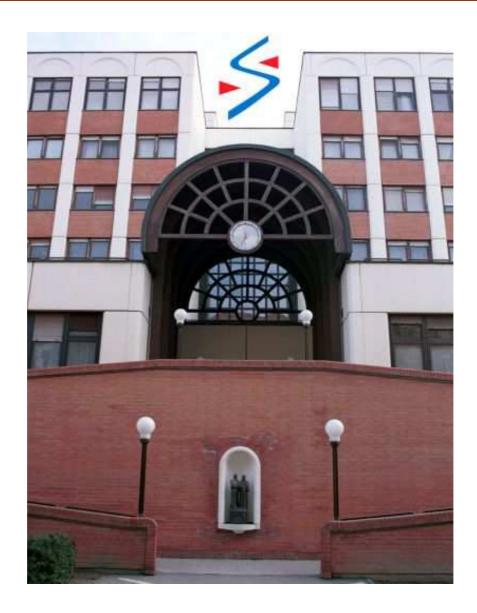
# DANUBE NEUROLOGY NEWSLETTER Newsletter No. 19. July, 2010

# INTERNATIONAL DANUBE NEUROLOGY ASSOCIATION OF CENTRAL AND EAST EUROPE

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Danube Neurology Association web-site: http://www.szote.u-szeged.hu/neur/danube

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#### 1. New Associate Member: Professor David Russell



Professor David Russell, MD, PhD, FRCPE. d.o.b. 31 January 1948

Present position	Professor of Neurology

Oslo University Hospital Rikshospitalet

University of Oslo 0027 Oslo, Norway Tel: (47) 23 073552 Fax: (47) 23 070833

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**Degrees & Experience** 1972 Bachelor of Medicine, Queens University Belfast,

Northern Ireland

1981 Specialist in Neurology, University of Oslo1983 Senior Lecturer in Neurology, University of Oslo

1985 Doctor of philosophy, University of Oslo1989 Professor of Neurology, University of Oslo

2001 Guest Professor, University of Applied Sciences,

Ulm, Germany

2008 Guest Professor, University of Debrecen, Hungary

2009 Guest Professor, University of Belgrade

Medical prizes & awards 1981 Professor Haakon Saethres Memorial Award

1983 The International Enrico Greppi Award

1993 Ragnhild and August Gillums Award

#### **Member of Medical Boards, Societies and Committees**

Founding President of the European Society of Neurosonology and Cerebral Hemodynamics

Chair European Stroke Organisation's Council of Fellows

Past president of The Nordic Stroke Society

Chairman of the Norwegian Stroke Association

Founding Member of the European Stroke Council

Fellow of The Royal College of Physicians

Fellow of the Royal Academy of Medicine in Ireland

Founding Member of the International Society of Behavioural and Cognitive Vascular Disorders

Honorary Member of The Hungarian Stroke Society

Founding Member of the International Intracranial Hemodynamics Society

Representative of The Nordic Stroke Society on the European Stroke Council

Founding Chairman of the Norwegian Society of Neurosonology

Member of the Neurosonology Research Group of the World Federation of Neurology

Member of the World Federation of Neurology's Research Group on Cerebrovascular Diseases

Founding Associate Editor of Cephalalgia, The official Journal of the International Headache Society

Member of The Norwegian Neurological Association

Member of The American Heart Association

Member of The British Neurological Association

Member of the International Society for Cerebral Blood Flow and Metabolism

#### **Editorial, Advisory Board and referee appointments**

Editorial Board Member, International Journal of Stroke

Editorial Board Member, Journal of Clinical Ultrasound

Editorial Board Member, Stroke 1996-2006

Editorial Board Member, Stroke Research and Treatment

Editorial Board Member, Cerebrovascular Diseases 1995-2006

Editorial Board Member, European Journal of Neurology 1995-2005

Editorial Board Member, Acta Neurologica Scandinavia

Editorial Board Member, European Neurology

Editorial Board Member, Clinical Neurology and Neurosurgery

Editorial Board Member, Restorative Neurology and Neuroscience

Editorial Board Member, Journal of Clinical Ultrasound

Editorial Board Member, The Italian Stroke Journal

Editorial Board Member, The Bulgarian Stroke Journal

Editorial Board Member, The Japanese Journal of Neurosonology

Editorial Board Member, Journal of Pediatric Neurology

#### **Publications**

Over 300 scientific publications concerning cerebrovascular disease, cerebrovascular ultrasound and cerebral hemodynamics.

#### 2. Useful websites for neurologists (by Dr. László Sztriha, President of the EAYNT)

#### **Textbook**

Goetz: Textbook of Clinical Neurology on MD Consult www.mdconsult.com

#### **Journals**

New England Journal of Medicine www.nejm.org

The Lancet <a href="http://www.elsevier.com/wps/product/cws\_home/31066">http://www.elsevier.com/wps/product/cws\_home/31066</a>

The Lancet Neurology www.elsevier.com/wps/product/cws home/622235

European Journal of Neurology <a href="http://www3.interscience.wiley.com/journal/117979667/home">http://www3.interscience.wiley.com/journal/117979667/home</a>

Journal of the Neurological Sciences www.elsevier.com/wps/product/cws home/506078

Neurology www.neurology.org

Current Opinion in Neurology www.co-neurology.com

Archives of Neurology <a href="http://archneur.ama-assn.org/">http://archneur.ama-assn.org/</a>

Brain http://brain.oxfordjournals.org/

Annals of Neurology http://www3.interscience.wiley.com/cgi-bin/jhome/76507645

Journal of Neurology, Neurosurgery, and Psychiatry <a href="http://jnnp.bmj.com/">http://jnnp.bmj.com/</a>

Practical Neurology <a href="http://pn.bmj.com/current.dtl">http://pn.bmj.com/current.dtl</a>

Stroke www.strokeaha.org

Movement Disorders <a href="http://www3.interscience.wiley.com/cgi-bin/jhome/76507419">http://www3.interscience.wiley.com/cgi-bin/jhome/76507419</a>

Muscle and Nerve http://www3.interscience.wilev.com/cgi-bin/jhome/32891

Epilepsia http://www3.interscience.wiley.com/journal/117957420/home

Seizure http://www.elsevier.com/wps/product/cws\_home/623071

Cephalalgia <a href="http://www3.interscience.wiley.com/journal/117998533/home">http://www3.interscience.wiley.com/journal/117998533/home</a>

Pain <a href="http://www.elsevier.com/wps/product/cws\_home/506083">http://www.elsevier.com/wps/product/cws\_home/506083</a>

#### Guidelines, recommendations, clinical evidence

American Academy of Neurology http://www.aan.com/go/practice/guidelines

American Heart Association stroke guidelines http://www.americanheart.org/presenter.jhtml?identifier=3004586

European Stroke Organisation http://www.eusi-stroke.com

International Headache Society <a href="http://www.i-h-s.org/">http://www.i-h-s.org/</a>

Cochrane Library http://www.mrw.interscience.wiley.com/cochrane/cochrane\_clsysrev\_crglist\_fs.html

National Institute for Health and Clinical Excellence <a href="http://guidance.nice.org.uk/">http://guidance.nice.org.uk/</a>

Clinical Evidence http://www.clinicalevidence.com/ceweb/index.jsp

#### **Educational materials**

World Federation of Neurology Seminars in Clinical Neurology

http://www.wfneurology.org/seminarsClinicalNeurology.php

Medscape Neurology and Neurosorgery http://www.medscape.com/neurology

Emedicine www.emedicine.com

Internet Handbook of Neurology <a href="http://www.neuropat.dote.hu/">http://www.neuropat.dote.hu/</a>

Internet Stroke Center <a href="http://www.strokecenter.org/">http://www.strokecenter.org/</a>

Neuromuscular Home Page http://neuromuscular.wustl.edu/

#### Societies, organizations

American Academy of Neurology www.aan.com

American Neurological Association www.aneuroa.org

Cochrane Neurological Network http://neuronet.cochrane.org

European Association of Young Neurologists and Trainees (EAYNT) www.eaynt.org

EBC - European Brain Council www.europeanbraincouncil.org

EFNS - European Federation of Neurological Societies www.efns.org

ENS - European Neurological Society www.ensinfo.org

European Board of Neurology www.uems-neuroboard.org

The Movement Disorder Society www.movementdisorders.org

NINDS - National Institute of Neurological Disorders and Stroke www.ninds.nih.gov

#### 3. Evidence based medicine (by Professor Amos Korczyn)

Evidence based medicine (EBM) is considered today as one of the fundamentals of modern medical practice. In its basis, it is supposed to be an objective accumulation of data regarding a therapy. In a Danube Lecture delivered in a recent Danube Training Course in Neurology, Prof. Amos Korczyn from Tel Aviv University stressed that this method has significant limitations and should not be accepted without reservations.

The most important data on which EBM recommendations are based are on large, randomized controlled trials (RCTs). These trials are usually supported by an interested party, mostly the industry. They design a study which should answer a specific question. The formulation of the question, the choice of the investigators and the decision concerning the publication of the results, depend almost exclusively on the sponsor. Positive results are much more likely to be published and this publication bias as an important limitation of the EBM method.

The clinical important question relates not to a hypothetical case but to an actual patient. The clinician has to decide whether the published results apply to this individual patient. The studies always have significant exclusion criteria, such as age and comorbidies. If a patient would have been excluded from a study because of such factors, it means that their results to not apply to him.

By nature, the studies are of limited duration. Use of the drug beyond these time limits is not supported by EBM data, but this is not usually acknowledged.

Lastly, Prof. Korczyn emphasized that the real relevant question is not whether a drug is better than a placebo, but whether it should replace the best drug which has previously been available. This question can only be answered by a study in which the new drug in question is compared, in a properly planned RCT, to a standard medication. Unfortunately such studies are performed rarely.

Therefore we do not know whether duloxetine is superior to fluoxetine (or amitriptyline!), whether rasagiline is superior to selegiline, or what if any is the difference between memantine and amantadine.

#### **4. Controversies in Neurology (CONy)** (by Professor Amos Korczyn)

We are quite used to attend learned lectures on any topic on neurology. The speaker is usually very knowledgeable in his field and gives his opinion, which can be challenged by the listeners only briefly during a short Q&A session. A much more informative way to learn about a topic is to attend a debate, in which two speakers present their opposite views. This approach is taken during CONy, a congress devoted to discussing controversial issues. The meeting is held annually, and the 4<sup>th</sup> Congress will take place in the beautiful city of Barcelona, Spain, October 28-31, 2010.

The debates will include most aspects of neurological practice and the speakers are always eminent figures in the field. Sufficient time is allowed for questions from the audience.

Free presentations are encouraged, most of which will be displayed as posters. A conducted poster tour, led by two faculty members will allow presenters to get feedback.

Special grants are available and Danube group members are entitled to a special rate in the registration fees.

Some of the debates which are scheduled in the CONy Barcelona program are the following:

Does use of generic medications pose risk with regard to seizure control?

Should treatment of acute stroke be the same for anterior and posterior strokes?

Is physical therapy beneficial in Parkinson's disease?

Are placebo-controlled clinical trials still ethical and necessary in Multiple Sclerosis?

Is tension-type headache a real entity separate from migraine?

Should combination treatment with ChE-I and memantine be started as early as possible in Alzheimer's patients?

A detailed program is available on the official congress website at: www.comtecmed.com/cony

### <u>5. European Association of Young Neurologists and Trainees (EAYNT)</u> (by Dr. László Sztriha, President of the EAYNT)

The European Association of Young Neurologists and Trainees (EAYNT) is an independent non-profit organization with the main purpose of representing the interests of junior neurologists at the European level. Major activities include the exchange of information on educational and research opportunities in Europe, and the interconnection of junior colleagues. Regular updates on our activities can be found on our webpage at <a href="https://www.eaynt.org">www.eaynt.org</a>. If you are interested in our activities, you can join us by simply filling in a membership application form on our webpage. Membership is completely free. We would also like to request all supervisors and mentors to tell their trainees about the EAYNT, and encourage them to join this group.

#### 5.1. Cochrane-EAYNT One-day Workshops in Evidence-Based Neurology

Amongst the several recent developments in clinical medicine, an evidence- based approach, largely developed by partners of the Cochrane Collaboration, has in particular gained increasing acknowledgement. The ability to critically appraise studies and to utilize evidence- based knowledge when making diagnostic and therapeutic decisions is a key feature of the 21st century neurologist. However, young neurologists may not always have had the opportunity to learn from the most authentic group of experts. Therefore the EAYNT has taken the opportunity to establish collaboration with the Perugia-based Cochrane Neurological Network (CNN). During 2005-2006, the CNN organized a series of training workshops for young neurologists in evidence-based neurology, enjoying sponsorship from the European Union Marie Curie Conferences and Training Courses. Seeing the success of these series, the EAYNT and the CNN have started a new project of organizing one-day workshops at the annual meetings of the International Danube Symposium. The first of these took place on 14 October 2009 in Linz, Austria. Experts from the CNN included Maria Grazia Bassi, Daniel Bereczki, Teresa Cantisani, Maria Grazia Celani, Alfonso Ciccone, Sara Macone, Kathy Mahan, Enrico Righetti, and Rudolf Schoenhuber. Attendees were colleagues from nine countries. The workshop focused on various areas such as finding the best scientific evidence in bibliographic databases, the critical appraisal of scientific studies with a particular focus on randomized trials, answering clinical questions based on the available evidence, understanding the principal measurements of statistical associations used in neurology, and interpreting study results using systematic reviews and meta-analysis. Thankfully to the sponsorship provided by the CNN and the EAYNT, participation was free of charge to all participants. Based on a positive feedback from both attendees and speakers, it has been decided to continue with this project and arrange a next workshop at the 42<sup>th</sup> Danube Symposium in Zagreb, Croatia, 22 October 2010. Further details will be posted on our homepage.

#### 5.2. EFNS-EAYNT Travel Grant Call

The EAYNT invites their members to apply for travel grants to support their attendance at congresses in 2010. Fifteen travel grants, 175 Euro each, will be awarded to EAYNT members under the age of 35 who attend a neurology congress or summer/winter schools where they present their original work. Application forms can be found on our homepage, the deadline is 31 May 2010.

#### 6. Summary of the 41<sup>st</sup> International Danube Neurology Symposium) (by Professor Gerhard Ransmayr)

From October 14-17, 2009, the 41<sup>st</sup> Danube Symposium for Neurological Sciences and Continuing Education was held in Linz, Austria. One day before the onset of the congress a Cochrane Neurological Network seminar on evidencebased neurology and a session of the European Association of Young Neurologist s and Trainees took place. The main topic s of the 41st Danube Symposium were Multiple Sclerosis, Aging in Neurological Diseases (Parkinson, Epilepsy, Dementias), and Neurorehabilitation. The program was planned by the convenors Thomas Berger, Werner Poewe, Christoph Baumgartner, Reinhold Schmidt, and Heinrich Binder in cooperation with the Upper Austrian Association for Medical Research, the Society for the Study of Neuroprotection and Neuroplasticity, and the European Association of Young Neurologists and Trainees. Outstanding specialists from the Danube Group countries and Great Britain, Israel, and Spain contributed to the program which was generally estimated and regarded as profound, informative and stimulating. Oral lectures covered the sub-topics biological markers in MS and their relevance for treatment responses, emerging MS treatments, natural history of Parkinson's disease including dementia, gait impairment and falls, Parkinson therapy, etiology, semiology and psychiatric comorbidities of epilepsy in the elderly and status epilepticus, biochemistry, vascular factors, prevention and pharmacological and non-pharmacological therapies in dementias, and the spectrum of neurorehabilitation. Satellite symposia sponsored by pharmaceutical companies and the Society for the Study of Neuroprotection and Neuroplasticity on treatment adherence, therapy related regeneration and clinical improvement in MS, neurogenic bladder dysfunction in MS, symptom control and disease modification in Parkinson's disease, new therapies in epilepsy, and a poster session on free topics completed the program. In a Basal Ganglia Club, interesting and stimulating video clips of patients with unusual movement disorders were presented and discussed. The social program included a speakers dinner and the celebration of the 85th anniversary of the Honorary President of the Danube Group Franz Gerstenbrand.

The 41<sup>st</sup> Danube Symposium presented evidence of the high standard of neurological science and clinical neurology in the Danube Group countries, the traditional mutual understanding and sympathy of the members of the Danube Group, and the ongoing success of the managing board's manifold activities in the European neurological scenery.

### <u>7. Summary of the 6<sup>th</sup> Congress of the World Federation for Neurorehabilitation</u> (by Professor Franz Gerstenbrand)

The 6<sup>th</sup> Congress of the World Federation for Neurorehabilitation was organized in Vienna, March 21<sup>st</sup> to 25<sup>th</sup>, 2010. Congress President was Prof. Dr. Heinrich Binder, President of the Austrian Society for Neurorehabilitation. The responsibility for the programme had Prof. Dr. M. Selzer, USA president of the WFNR, together with the Secretary General of the WFNR Prof. Dr. Volker Hömberg, Germany, supported by Prof. Dr. K. von Wild, Germany.

The main intention of the congress was to point out the importance of neurorehabilitation as a medical discipline dealing with the restoration of nervous functions with the improvement of the chances for neurological patients to participate in a normal life to increase the social competence of handicapped patients. Neurorehabilitation is combining clinical neuroscience with the methods of rehabilitative medicine. The strategy of the WCNR-programme was to introduce new methods derived from studies in clinical neuroscience and to complete general accepted rehabilitation systems by new knowledge and new experience.

The congress programme showed a variety of treatment techniques, such as pharmacological based methods, new training techniques (physiotherapy, occupational therapy, cognitive training etc.) and the use of special devices to compensate loosed nervous functions (assistant motion devices, specialised wheel chairs etc.) A special chapter dealing with the use of memory supporting systems.

Neurorehabilitation as a multiple professional field needs a well trained team with excellent neurological knowledge, well prepared nurses and neurological educated physiotherapists and occupational therapists. Neuropsychologists, speech therapists, social workers have to be included as well as experts for professional retraining.

In the programme of the Vienna congress various specialized training courses were offered. Workshops for neurorehabilitation after stroke, traumatic brain injury, spinal cord lesions were organized. A special topic was destined to coma states, apallic syndrome/vegetative state and the locked in syndrome and the so called minimal conscious state.

The use of modern techniques in the treatment of spasticity and extra pyramidal diseases with modern robotics and the devices developed in the weightlessness and the results of space neurology were introduced.

Strictly it was pointed out that neurorehabilitation is beside acute neurology the undisputable second leg in neurology. Every patient with an acute neurological deficit needs after his the care of his acute problems a neurorehabilitation

programme. This demand of a modern neurological management is the way to avoid secondary and tertiary sequences as well as to prevent chronic defect states.

The background of the Imperial Hofburg in Vienna was an impressing location for the congress venue. The number of participants was more then 1700 coming from 71 countries.

Prof. Binder, the chairman of the branch for neurorehabilitation in the Danube Neurology was following a special care for the participants of the Danube Countries.

The Vienna Congress was a great success for world neurorehabilitation. It was possible to show the development of this important part of neuroscience and to introduce this speciality to the interest of the public health. In a press interview a great media interest could be produced.

It is to thank Prof. Binder, for the organization of a social programme in which he was acting as a artist presenting as a tenor 3 famous opera arias accompanied by an Moravian orchestra, directed by an Austrian neurologist.

The next congress of the World Federation will be far away in Australia, it is to hope that the special Viennese flair could be exported.

## <u>8. "6<sup>th</sup> Danube Teaching Course" Multiple Sclerosis – Epilepsy - Headache and Vertigo - Neurorehabilitation</u> (Kazimierz Dolny, Poland, <u>10-11 June, 2010</u>) (by Professor Zbigniew Stelmasiak)

#### **SCIENTIFIC PROGRAMME**

June 10, 2010 (Thursday)

#### 9.00-9.30 OPENING CEREMONY

Z. Stelmasiak, F. Gerstenbrand, L. Vécsei

#### 9.30 - 11.00 Danube Lectures:

Chairpersons: F. Gerstenbrand, L. Vécsei, K. Rejdak

9.30 – 10.00 A. Korczyn – Evidence based/biased medicine

10.00 – 10.30 L. Vécsei – Migraine is a neuronal disorder: therapeutic considerations

10.30 - 11.00 D. Russell - The treatment of acute ischemic stroke - now and the future

11.00 - 11.30 Coffee-break

#### 11.30 - 13.00 Neurorehabilitation

Chairpersons: F. Gerstenbrand, J.Opara

11.30 – 12.00 F. Gerstenbrand – The vertebral spine neurological disturbance (Danube Lecture)

12.00 – 12.30 E. M.Hagen – Clinical outcomes after spinal cord injuries

12.30 - 13.00 K. Domańska-Janik - Fate instability of stem cells - therapeutic implication in neurology

13.00 - 14.00 Lunch-break

#### 14.00 - 15.15 MS diagostic and new trends in therapy

Chairpersons: K. Selmaj, J. Kotowicz

14.00 – 14.25 K. Selmaj – Perspective of MS therapy

14.25 – 14.50 J. Losy – The role of CSF examination in the diagnostic of MS

14.50 – 15.15 J. Kotowicz – Electrodiagnostics in MS

15.15 – 15.35 Coffee-break

#### 15.35 - 16.50 MS therapy

Chairpersons: J. Losy, H. Bartosik-Psujek

15.35 – 16.00 Z. Stelmasiak – Oral therapies in multiple sclerosis

16.00 - 16.25 H. Bartosik-Psujek - Immonomodulatory therapy of MS - current standards

16.25 – 16.50 K. Mitosek – Szewczyk – Treatment of aggressive MS forms

16.50 - 17.10 Coffee-break

#### 17.10 – 18.50 Headache and vertigo

Chairpersons: T. M. Domżał, A. Stępień, K. Mitosek-Szewczyk

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17.10 – 17.35 A. Stepień – Migraine as a risk factor of cardiovascular diseases
17.35 – 18.00 T.M. Domżał – Cervical vertigo – does it really exist?
18.00 – 18.25 A. Szczepańska-Szerej – The issues of vertigo diagnostic
18.25 - 18.50 J. Wojczal - Ultrasound in vertigo
June 11, 2010 (Friday)
09.30 - 10.50
                Epilepsy surgery
Chairpersons: T.Trojanowski, D. Ryglewicz, K. Rejdak
09.30 - 10.00
                G. Bauer – How to establish the epilepsy surgery unit (Danube Lecture)
10.00 - 10.25
                P. Kunert – Surgical options for intractable epilepsy
10.25 - 10.50
               A. Rysz – Clinical autcomes after epilepsy surgery
10.50 - 11.10
               Coffee-break
11.10 - 12.50 Epilepsy therapy
Chairpersons: J.Jędrzejczak, B. Chmielewska
11.10 - 11.35 B. Chmielewska - How to select the first drug in epilepsy therapy
11.35 – 12.00 S. Czuczwar – Antiepileptic drug monitoring – is it always necessary?
12.00 – 12.25 J. Jędrzejczak – New look at definition of drug resistant epilepsy
12.25 – 12.50 K. Rejdak – New trends in epilepsy treatment
12.50 - 13.50 Lunch-break
13.50 – 15.30 Epilepsy Syndromes – diagnostic and therapy
Chairpersons: J.Majkowski, Z.Stelmasiak, K. Rejdak
13.50 – 14.15 I. Halczuk – Epilepsy in menopause
14.15 – 14.40 K. Niedzielska – Partial seizures – proper diagnosis and treatment. Patent with Juvenile myoclonic
14.40 – 15.05 M. Mazurkiewicz-Bełdzińska – Big child?
15.05 – 15.30 B. Steinborn – Mały dorosły? Small adult?
15.30 - 15.50 Coffee-break
15.50 - 17.30 Epilepsy and coexisting disorders
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Chairpersons: D. Ryglewicz, M.Mazurkiewicz-Bełdzińska, I. Halczuk
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15.50 – 16.15 D. Ryglewicz – Epilepsy and somatic diseases in adult population
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16.15 – 16.40 B. Błaszczyk – Epilepsy and cognitive impairment

16.40 – 17.05 P. Dropko – Periodic pattern recorded in EEG examination in patients hospitalized in the neurological intensive care unit

17.05 – 17.30 B. Kaczyńska – Haładyj – Psychiatric disorders in children and adolescents with epilepsy

#### **Summary of the "6<sup>th</sup> Danube Teaching Course"** (by Dr. Konrad Reydak, MD, PhD)

International Teaching Course on Multiple Sclerosis, Epilepsy and Headache took place again on 10-11 June 2010 in Kazimierz and was organised under the auspices of the International Danube Symposium for Continuing Education in Neurological Sciences. The Chair of the Organizing Committee was Professor Zbigniew Stelmasiak and supported by the local organizing committee. The scientific programme focused on the newest aspects of multiple sclerosis, epilepsy and headache but also included the special session on Neurorehabilitation.

The highest educative and scientific level of this conference was guaranteed by the attendance of many internationally recognised experts and scientists from the country and abroad including prof F. Gerstenbrand, prof. L. Vecsei, prof. A. Korczyn, prof. D. Russell, prof. G. Bauer, and others.

The meeting was very successful with around 450 participants including students and residents who were given a free admission to the scientific part of the meeting. The detailed programme and the summary of the presentations were published in a bilingual (Polish-English) Abstract Book- Neurologica Journal.

#### 9. EAYNT Special Session at the 14th Congress of the EFNS in Geneva (by Dr. László Sztriha)

Date: 26 September, 2010

Place: EFNS Congress in Geneva

17:30-18:40 Chairs: László Sztriha (London, UK) and Johann Sellner (Munich, Germany)

László Sztriha (President, EAYNT) and Martin Rakusa (President-elect, EAYNT): EAYNT present and future Jacques De Reuck (Ghent, Belgium): A key to scientific literature - what he said and what he means Marianne de Visser (Amsterdam, The Netherlands): Visions for pan-European subspecialty education Peter Schellinger (Erlangen, Germany): What I would do if I were you - key issues for a career in clinical neurology

#### 10. The 42<sup>nd</sup> International Danube Neurology Symposium (by Professor Vida Demarin)

Date: 21-23 October, 2010

Place: The Regent Esplanade Hotel, Zagreb, Croatia

#### Wednesday, October 20, 2010

19:00 Opening Ceremony and welcome reception

#### Thursday, October 21, 2010

Main Theme: Stroke

(Convenors: Vida Demarin, Zagreb, Ana Czlonkowska, Warszaw)

09:00 - 09:30 Ana Czlonkowska: TIA as an Emergency

09:30 - 10:00 Natan Bomstein: Management of Hypertension and Hyperglycemia in Acute Ischemic Stroke

10:00 - 10:30 Nadežda Šternić: Diabetes and Stroke

10:30 - 11:00 Break

11:00 - 11:30 Kurt Niederkorn: Neurosonology in Acute Stroke Recent Concept of Stroke Prevention 11:30 - 12:00 Vida Demarin:

The Impact of Co-morbidities and Neuroprotective Treatments in Stroke 12:30 - 13:00 Dafin Muresanu:

Recovery

13:00 Lunch symposium: Approach to aging brain (Convenors: Danilo Hodoba, Zagreb, Zvezdan Pirtošek, Ljubljana)

15:00 - 17:00 Workshop: Diagnosis of Brain Death

15:00 - 17:00 Teaching course: Fabry Disease and Enzyme Replacement Therapy in Neurology

(Convenors: Vida Demarin, Zagreb, Vanja Bašić Kes, Zagreb)

15:00 - 17.00 Society for the Study of Neuroprotection and Neuroplasticity (SSIMIM) Panel

(Convenor: Dafin Muresanu, Cluj)

17:00 - 18:00 Franz Gerstenbrand: Modern neurology and the Hypoccratic principles

17:00 - 19:00 Posters

#### Friday, October 22, 2010

Movement Disorders - Non-Motor Symptoms in Parkinson's Disease Main Theme:

(Convenors: Maja Relja, Zagreb, Zvezdan Pirtošek, Ljubljana)

09:00 - 09:30 Werner Poewe: Continuous dopaminergic stimulation in Parkinson's disease

09:30 - 10:00 Maja Relja: Non-motor symptoms in Parkinson's disease

10:00 - 10:30 Vladimir Kostić: Depression in Parkinson's disease

10:30 - 11:00 Break

11:00 - 11:30 Zvezdan Pirtošek: Cognition in Parkinson's disease

11:30 - 12:00 David Vodušek: Urogenital symptoms in differential diagnosis of Parkinsonism

Joint Meeting of Danube Society for Neurological Sciences and Continuing Education with Central and Eastern European Stroke Society (CEESS) and Croatian Stroke Society: Stroke Management

09:00 - 09:30 Ana Czlonkowska: Thrombolysis in the Region

09:30 - 10:00 Ljiljana Bumbaširević: Stroke Unit - Secondary Prevention Center

10:00 - 10:30 Vida Demarin: **Carotid Disease** 

10:30 - 11:00 Bojana Žvan: Management of subarachnoidal hemorrhage 11:00 - 11:30 Osman Sinanović: Post-stroke aphasia

09:00 - 17:00 Cochrane European Association Young Neurologists and Trainees (EAYNT)

Workshop

15:00 - 17:00 Experimental Pain and Therapy

(Convenors: Claudia Sommer, Wuerzburg, Zdravko Lacković, Zagreb)

Claudia Sommer: Therapy of neuropathic pain Lidia Bach-Rojecky: Experimental model of pain

Zdravko Lacković: Central effects of botulinum toxin-type A

Alfredo Berardelli: The impact of botulinum toxin treatment on cortical excitability

Maja Relja: Botulinum toxin in migraine treatment

17:00 - 19:00 Teaching Course: Dystonia: Diagnosis and Treatment

17:00 - 18:00 Franz Gerstenbrand: Space Neurology and the use of astronaut/cosmonauts equipments in

neurorehabilitation

17:00 - 19:00 Posters

#### Saturday, October 23, 2010

Main Theme: Headache and Pain

(Convenors: Laszlo Vecsei, Szeged, Zdravko Lacković, Zagreb)

09:00 - 09:30 Laszlo Vecsei: The Role of Kynurenate Derivate in Nociception

09:30 - 10:00 Zdravko Lacković: Experimental Model of Migraine 10:30 - 11:00 Vanja Bašić Kes: Migraine and Stroke Connection

11:00 - 11:30 Ivo Lušić: Central Post-stroke Pain

12:00 Closing ceremony

All participants are most welcome to participate in all social and scientific activities

Deadline for abstract submission: June 1, 2010. Congress venue: REGENT ESPLANADE HOTEL

Mihanovićeva 1

10000 Zagreb, Croatia

www.regenthotels.com

CONGRESS OFFICIAL TOURIST AGENCY AND TECHNICAL ORGANIZATION

TOP TOURS D.O.O

MESNIČKA 3, 10 000 ZAGREB, Email: top-tours@zg.t-com.hr

#### 11. Future Conferences, Meetings, Courses and Symposia of the International Danube Neurology Association

#### 11.1. The 43<sup>rd</sup> International Danube Neurology Symposium

**Time**: 6<sup>th</sup>-8<sup>th</sup> October, 2011 **Organized by:** Professor Heinz Reichmann (Dresden, Germany) **E-mail**: <u>Heinz-</u>Reichmann@mailbox.tu-dresden.de

#### 11.2. The 44<sup>th</sup> International Danube Neurology Symposium

Time: 2012 Organized by: Professor László Vécsei (Szeged, Hungary) E-mail: vecsei@nepsy.szote.u-szeged.hu

#### 11.3. The 45<sup>th</sup> International Danube Neurology Symposium

Time: 2013 Organized by: Professor Evzen Ruzicka (Praha, Czech Republic) E-mail: eruzi@lf1.cuni.cz

#### 11.4. The 46<sup>th</sup> International Danube Neurology Symposium

Time: 2014 Organized by: Professor V. Kostic (Belgrade, Serbia) E-mail: <a href="wkostic@mail.neurologija.bg.ac.yu">wkostic@mail.neurologija.bg.ac.yu</a> or <a href="wkostic@sbb.co.yu">vkostic@sbb.co.yu</a>

#### 11.5. The 47<sup>th</sup> International Danube Neurology Symposium

**Time:** 2015 **Organized by:** Professor H.-P. Hartung (Düsseldorf, Germany) **E-mail:** <u>hans-peter.hartung@uniduesseldorf.de</u>

For the Organization of the 48<sup>th</sup> International Danube Neurology Symposium (2016) applicants are welcome.

# The 15<sup>th</sup> Congress of the European Federation of Neurological Societies (Budapest, Hungary, September 10-13, 2011)



By kind permission of the EFNS

Chairman Local Arrangements Committee: L. Vécsei

Local Arrangements Committee: D. Bereczki, L. Csiba, S. Komoly, Z. Nagy, I. Szirmai, J. Tajti

Congress dates: September 10-13, 2011 Venue: Budapest, Hungary

Information: EFNS Head Office; Tel: +43 1 889 05 03; Fax: +43 1 889 05 03 13;

Website: www.efns.org; e-mail: headoffice@efns.org

#### 13. Present and Future Activities of the International Danube Neurology Association

- The Danube Neurology Association fosters and coordinates fellowship programs for young neurologists from Danube Countries
- Coordination of future Danube Neurology Symposia
- The Danube Neurology Newsletter is available free of charge (also downloadable) on Internet in electronic version.
- Information about future events (Calendar of events)
- We also consider as our task to help with the activity of the **EFNS** in the Danube-countries.

#### 14. Finances of the International Danube Neurology Association

According to previous decision of the Danube Neurology Curatorium Meeting, the financial sources of the International Danube Neurology Association from all kinds of symposia, conferences, meetings, teaching/training or other kinds of courses under the roof and auspices of our organization, are as follows:

According to a final report of the meetings, symposia, etc. to be handed in electronically to the Head Office in Szeged, Hungary, the financial surplus of all meetings should be divided 70:30 between the Local Organizers and the permanent International Danube Neurology Symposium Head Office in Szeged, Hungary. Or the amount of min. EUR 2,500 is to be transferred – together with the financial report – to the Head Office according to our invoice.

#### 15. Web-site of the International Danube Neurology Association

The home-page of the International Danube Neurology Association consists of:

- the contents of all Newsletter (Nr.1-18)
- Managing and Executive Board Members of Danube Neurology Association
- Past and future Symposia, Conferences, Meetings
- Other further important information.