



# DANUBE NEUROLOGY NEWSLETTER

Newsletter No. 20. July, 2011

## INTERNATIONAL DANUBE NEUROLOGY ASSOCIATION OF CENTRAL AND EAST EUROPE

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***Danube Neurology Association web-site:***  
***<http://www.szote.u-szeged.hu/neur/danube>***

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## **1. Useful websites for neurologists** (by László Sztriha, MD, PhD)

### **Journals**

Annals of Neurology [www.interscience.wiley.com/cgi-bin/jhome/76507645](http://www.interscience.wiley.com/cgi-bin/jhome/76507645)  
Archives of Neurology <http://archneur.ama-assn.org>  
BMC Neurology (open access) <http://www.biomedcentral.com/bmcneurol/>  
Brain <http://brain.oxfordjournals.org>  
Cephalalgia [www.interscience.wiley.com/journal/117998533/home](http://www.interscience.wiley.com/journal/117998533/home)  
Current Opinion in Neurology [www.co-neurology.com](http://www.co-neurology.com)  
Epilepsia [www.interscience.wiley.com/journal/117957420/home](http://www.interscience.wiley.com/journal/117957420/home)  
European Journal of Neurology [www.interscience.wiley.com/journal/117979667/home](http://www.interscience.wiley.com/journal/117979667/home)  
Journal of Neurology, Neurosurgery, and Psychiatry <http://jnnp.bmj.com>  
Journal of the Neurological Sciences [www.elsevier.com/wps/product/cws\\_home/506078](http://www.elsevier.com/wps/product/cws_home/506078)  
Movement Disorders [www.interscience.wiley.com/cgi-bin/jhome/76507419](http://www.interscience.wiley.com/cgi-bin/jhome/76507419)  
Muscle and Nerve [www.interscience.wiley.com/cgi-bin/jhome/32891](http://www.interscience.wiley.com/cgi-bin/jhome/32891)  
Neurology [www.neurology.org](http://www.neurology.org)  
New England Journal of Medicine [www.nejm.org](http://www.nejm.org)  
Pain [www.elsevier.com/wps/product/cws\\_home/506083](http://www.elsevier.com/wps/product/cws_home/506083)  
PLOS ONE Neurological Disorders  
<http://www.plosone.org/article/browse.action?field=&catName=Neurological+Disorders>  
Practical Neurology <http://pn.bmj.com>  
Seizure [www.elsevier.com/wps/product/cws\\_home/623071](http://www.elsevier.com/wps/product/cws_home/623071)  
Stroke [www.strokeaha.org](http://www.strokeaha.org)  
The Lancet Neurology [www.elsevier.com/wps/product/cws\\_home/622235](http://www.elsevier.com/wps/product/cws_home/622235)  
The Lancet [www.elsevier.com/wps/product/cws\\_home/31066](http://www.elsevier.com/wps/product/cws_home/31066)

### **Guidelines, Recommendations, and Clinical evidence**

American Academy of Neurology [www.aan.com/go/practice/guidelines](http://www.aan.com/go/practice/guidelines)  
American Heart Association stroke guidelines [www.americanheart.org/presenter.jhtml?identifier=3004586](http://www.americanheart.org/presenter.jhtml?identifier=3004586)  
Clinical Evidence [www.clinicalevidence.com/ceweb/index.jsp](http://www.clinicalevidence.com/ceweb/index.jsp)  
Cochrane Library [www.mrw.interscience.wiley.com/cochrane/cochrane\\_clsystrev\\_crglist\\_fs.html](http://www.mrw.interscience.wiley.com/cochrane/cochrane_clsystrev_crglist_fs.html)  
EFNS Guideline Papers <http://www.efns.org/Guideline-Archive-by-topic.389.0.html>  
European Stroke Organisation [www.eusi-stroke.com](http://www.eusi-stroke.com)  
International Headache Society [www.ihs-headache.org](http://www.ihs-headache.org)  
National Institute for Health and Clinical Excellence <http://guidance.nice.org.uk>  
Trip Database - Clinical Search Engine <http://www.tripdatabase.com>

## **Educational Materials**

Apps, Podcasts and iTunes U materials via iTunes, downloadable from <http://www.apple.com/itunes/download>  
Baylor College of Medicine Neurology Case of the Month <https://www.bcm.edu/neurology/case.cfm>  
Emedicine <http://emedicine.medscape.com/neurology>  
ESO Virtual Stroke University <http://www.stroke-university.com/>  
Internet Stroke Center [www.strokecenter.org](http://www.strokecenter.org)  
Medscape Neurology <http://www.medscape.org/neurology>  
Neuromuscular Home Page <http://neuromuscular.wustl.edu>  
The Whole Brain Atlas <http://www.med.harvard.edu/AANLIB/home.html>  
World Federation of Neurology Seminars in Clinical Neurology [www.wfneurology.org/seminarsClinicalNeurology.php](http://www.wfneurology.org/seminarsClinicalNeurology.php)

## **Societies and Organizations**

American Academy of Neurology [www.aan.com](http://www.aan.com)  
American Neurological Association [www.aneuroa.org](http://www.aneuroa.org)  
Cochrane Neurological Network <http://neuronet.cochrane.org/>  
EBC - European Brain Council [www.europeanbraincouncil.org](http://www.europeanbraincouncil.org)  
EFNS - European Federation of Neurological Societies [www.efns.org](http://www.efns.org)  
ENS - European Neurological Society [www.ensinfo.org](http://www.ensinfo.org)  
European Association of Young Neurologists and Trainees (EAYNT) [www.eaynt.org](http://www.eaynt.org)  
European Board of Neurology [www.uems-neuroboard.org](http://www.uems-neuroboard.org)  
NINDS - National Institute of Neurological Disorders and Stroke [www.ninds.nih.gov](http://www.ninds.nih.gov)  
The Movement Disorder Society [www.movementdisorders.org](http://www.movementdisorders.org)

## **2. King's College London and Stroke Services at King's College Hospital at Denmark Hill, London** *(by László Sztriha, MD, PhD)*



King's College London is one of the top 25 universities in the world (2010 QS international world rankings), the Sunday Times 'University of the Year 2010/11' and the fourth oldest in England. A research-led university based in the heart of London, it has nearly 23,500 students (of whom nearly 9,000 are graduate students) from 150 countries and approximately 6,000 employees. King's has an outstanding reputation for providing world-class teaching and cutting-edge research. The College is in the top seven UK universities for research earnings and has an overall annual income of nearly £450 million. King's has a particularly distinguished reputation in the humanities, law, the sciences (including a wide range of health areas such as psychiatry, medicine, nursing and dentistry) and social sciences including international affairs. It has played a major role in many of the advances that have shaped modern life, such as the discovery of the structure of DNA and research that led to the development of radio, television, mobile phones and radar. It is the largest centre for the education of healthcare professionals in Europe; no university has more Medical Research Council Centres.

The King's College London Department of Clinical Neuroscience is based at the Institute of Psychiatry, an internationally-renowned centre for brain research, with proven excellence in a range of disciplines including psychiatry, neurology, psychiatric genetics, neuroimaging, and epidemiology. The Department is one of the major academic units of clinical neuroscience in the UK. Research is focused on neurodegenerative disorders, epilepsy and stroke, and builds on collaborations with other departments at the Institute. The academic Department of Clinical Neuroscience is closely allied with the Department of Clinical Neuroscience at King's College Hospital, in which there are 38 consultant neurologists. Current research facilities will be greatly enhanced with the opening of the Wohl Clinical Neuroscience Institute in 2012, which will provide cutting-edge technology for 250 researchers and students.

King's College Hospital is a Comprehensive Stroke Centre offering a full range of hyperacute, neurointensive and interventional services for a population of 1.2 million. This is one of the most active hyperacute centres in the country; having admitted over 800 and thrombolysed over 250 patients in 2009. The unit is designated as a Centre of Excellence for Stroke by the European Stroke Organisation. The Royal College of Physicians has recently ranked the Stroke Unit as one of the top five in the country. The Stroke Unit at King's College Hospital is one of the 8 Hyperacute Stroke Research Centres in the UK, with direct funding from the National Institute for Health Research. Major stroke research strength exists in a broad range of relevant disciplines, including the biology of vascular disease, brain injury, neuronal plasticity, neurogenesis, and neural stem cells. Brain imaging facilities comprise of animal MRI, human MRI and CT, vascular ultrasound, and PET. The unit actively participates in clinical drug trials, and in research in epidemiology and health services.

References: [www.kcl.ac.uk](http://www.kcl.ac.uk), [www.kch.nhs.uk](http://www.kch.nhs.uk)



### **3. Working in the Department of Neurophysiology in the Danish Epilepsy Center** (by Edina T. Varga, MD, PhD)

The Danish Epilepsy Center offers training in neurophysiology. This is a 2,5 years long education as second speciality, but can be chosen as first speciality in Denmark as well. The Danish Epilepsy Centre in Dianalund is the only hospital in Denmark specialized in the treatment of epilepsy, where all aspects of comprehensive care are represented from diagnostics to special treatment (including medication, vagal nerve stimulation, ketogenic diet, neuropsychiatric care) and rehabilitation (e.g. special school, physiotherapy, botulinumtoxin-injection).

People with intractable epilepsy or epilepsy characterized by diagnostic or psychological and social problems are admitted to the hospital: children, adolescents and adults are found in 5 different units on 67 beds. Patients are referred from all parts of Denmark by general practitioners or consultants in neurology and pediatrics. Residential care is also provided in departments totaling 49 beds. The total staff of the hospital numbers approximately 405 full-time positions. Diagnostic procedures are carried out in the Department of Neurophysiology and Somnology. The department offers routine electroencephalography and preoperative evaluation of epilepsy patients on 4 beds simultaneously. The department provides regional function in the diagnosis of neuromuscular diseases and sleep-related disorders. In addition there works several research groups in the hospital, especially in the field of neurogenetics and electrophysiology of epilepsy.

### **4. The activity of junior neurologists throughout Europe** (by Edina T. Varga, MD, PhD)



The European Association of Young Neurologists and Trainees (EAYNT) is the independent representative of junior European neurologist, founded 1999 in Brussels. Our major aim is to advocate young neurologists interests in major European and worldwide bodies. In addition we promote European training exchange and try to enhance European national core curricula by comparing differences of medical specialisation and disparities in working conditions, level of education throughout Europe. We organise regular meetings, hospital visits and social events on congresses and spread information relevant to young neurologists (e.g. burseries and fellowships). In addition we promote and co-organise teaching courses and summer schools. EAYNT offers travel grants for members. In order to improve personal relationships and further collaborations among European Young Neurologists we organise special session, hospital visits and social events on the ENS and EFNS congresses for our members.

We work in strong cooperation with Danube Neurological Society, European Federation of Neurological Societies (EFNS), European Neurological Societies (ENS), World Federation of Neurology (WFN), UEMS/European board of Neurology, Movement Disorders Society, Cochrane Neurological Network, Danish Society of Young Neurologists, Neurosurgeons and Neurophysiologists, Danish Epilepsy Society, Austrian Young Neurologists Working Group and German Society of Young Neurologists. Membership is free and is open for every colleague in the training of neurology and for young neurologists under the age of 40 years. Further information and registration is via our webpage: [www.eaynt.org](http://www.eaynt.org).

On behalf of EAYNT, the present office:

Edina T. Varga (secretary),  
Martin Rakusa (president),  
Lucas Schirmer (treasurer),  
László Sztriha (past president)


### **5. Summary of the 7<sup>th</sup> International Teaching Course on Multiple Sclerosis, Epilepsy and Headache** (by Konrad Rejdak, MD, PhD)

7<sup>th</sup> International Teaching Course on Multiple Sclerosis, Epilepsy and Headache took place again on 16-17 June 2011 in Kazimierz and was organised under the auspices of the International Danube Symposium for Continuing Education in Neurological Sciences. The Chair of the Organizing Committee was Professor Zbigniew Stelmasiak and supported by the local organizing committee. The scientific programme focused on the newest aspects of multiple sclerosis, epilepsy and headache but also included the special session on Transplantation.


The highest educative and scientific level of this conference was guaranteed by the attendance of many internationally recognised experts and scientists from the country and abroad including prof F. Gerstenbrand, prof. L. Vecsei, prof. V. Demarin, prof. G. Bauer, prof. T. Tomson, and others.

The meeting was very successful with around 500 participants including students and residents who were given a free admission to the scientific part of the meeting. The detailed programme and the summary of the presentations were published in a bilingual (Polish-English) Abstract Book- Neurologica Journal.

**6. Announcement of the 43<sup>rd</sup> International Danube Neurology Symposium** (by Professor Heinz Reichmann) (website: <http://www.danube2011.org>)



**43<sup>rd</sup> International Danube Neurology Symposium 2011**  
6 – 8 October 2011 | Dresden, Germany



Dear Colleagues,

it is our great pleasure to invite you to the **43rd International Danube Neurology Symposium, 06 – 08 October 2011, Dresden, Germany.**

We are pleased to announce that a considerable number of abstracts has already been submitted. However we would like to give more authors the opportunity to present their recent findings.

Therefore we encourage all interested scientists to submit abstracts until **30 June 2011.**

The following session highlights are already confirmed for the 43rd International Danube Neurology Symposium:

**Stem cell therapy in Neurology**  
P. Brundin, Lund, Sweden

**Treatment of atrial fibrillation**  
W. Hacke, Heidelberg, Germany

**Modern treatment of Parkinson's disease**  
A. Schapira, London, United Kingdom

**Treatment of epilepsy**  
G. Kraemer, Zurich, Switzerland


More information can be found under <http://www.danube2011.org/>.

All abstracts will be published online in the scientific programme of the 43rd International Danube Neurology Symposium.

You are kindly asked to submit your abstract(s) online via the [congress website](#).

We look forward to welcoming you in Dresden this autumn and count on your enthusiasm and support.

Yours sincerely



**Prof. Dr. Heinz Reichmann**  
Congress President

For any assistance and/or questions, please feel free to contact the Congress Office.

**Congress Website**

[Click here to visit the website](#)

**Online Registration**

[Click here to register online](#)

**Abstract Submission**

[Click here to submit your abstract](#)

**Congress- and Exhibition Office**

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Web: [www.danube2011.org](http://www.danube2011.org)

**7. Programme of the 11<sup>th</sup> ESCNP congress, Dresden** (by Professor Ivan Rektor)

**Thursday, October 6, 2011**

**16:45 - 18:00 1st block Chairmen: Prof. Ivan Rektor, Prof. Peter Riederer**

16:45 - 17:00 1. Update on biomarker research in AD/PD. Prof. Peter Riederer

17:00 - 17:15 2. Using biomarkers in the individualized pharmacotherapy of neuro-psychiatric disorders. Prof. Johannes Thome

17:15 - 17:30 3. Neuroprotection: where are we? Prof. Fabrizio Stocchi

17:30 - 17:45 4. Mild Cognitive Impairment in Parkinson's Disease. Prof. Irena Rektorova

17:45 - 18:00 5. Dopamine agonists in the treatment of Parkinson's disease: pro and contra. Prof. Martin Bares

**Break 10 min.**

**18:10 - 19:10 2nd block Chairmen: Prof. Johannes Thome, Prof. Laszlo Vecsei**

18:10 - 18:25 6. Extrapyramidal disorders: novel therapeutic possibilities. Prof. Laszlo Vecsei

18:25 - 18:40 7. Cognitive aspects of deep brain stimulation in movement disorders and epilepsy. Prof. Ivan Rektor

18:40 - 18:55 8. Macromolecular Transportways in the Brain, and out of the Brain (human and experimental studies). Prof. Csanda Endre

18:55 - 19:10 9. Controversies in efficacy of BP lowering in secondary prevention of cerebral ischemic stroke (CI). Prof. Daniel Bartko

**8. Half-day workshop on evidence-based strategies in movement disorders** (by László Sztriha, MD, PhD)

**Date:** 7 October 2011,

**Time:** 13.00-18.00,

**Place:** Danube Symposium, Dresden, Germany

This workshop is organized by the Cochrane Neurological Field and the European Association of Young Neurologists and Trainees, in conjunction with the International Danube Symposium.

This workshop will help you to learn how to:

- find the best scientific evidence in bibliographic databases
- critically appraise scientific studies, with a particular focus on randomized trials
- answer clinical questions based on the available evidence
- understand the principal measurements of statistical associations used in neurology
- interpret study results using systematic reviews and meta-analysis

- develop decisional tools to communicate effectiveness and safety aspects of healthcare interventions to the end-users  
Workshop format: There will be both plenary sessions and work in small groups where participants will have the opportunity of practicing and developing knowledge and skills in evidence-based neurology. Priority will be given to practical work. Workshop materials and preparation: Participants will receive study packages with material on systematic reviews that will be discussed during the Workshop. They will also receive appropriate background readings and training materials to enable them to achieve the objectives of the one-day Workshop.

Who should attend this workshop? The workshop is intended to serve as an introduction to evidence-based neurology and systematic reviews. It is aimed at students, clinicians and other health care professionals who wish to gain knowledge of critical appraisal and experience in the practice of evidence-based health care.

To register please send an email to Dr. Laszlo Sztriha at [laszlo.sztriha@kcl.ac.uk](mailto:laszlo.sztriha@kcl.ac.uk) and provide your details as follows:

Your name:, Name of your organization:, Full work address:, Email:

Will you attend the Cochrane Workshop only, or both the Cochrane Workshop and the Danube Symposium:

Attendance at the Cochrane Workshop is free of charge, and workshop participants are allowed to attend other lectures at the Danube Symposium as well without paying a registration fee. The EAYNT offer travel grants for the participants of this workshop. Details will be posted at [www.eaynt.org](http://www.eaynt.org).

**9. 5<sup>th</sup> World Congress on Controversies in Neurology: Life Course Related Controversies (CONy)** (by Professor Amos Korczyn)

We are proud to announce that the 5<sup>th</sup> World Congress on Controversies in Neurology: Life Course Related Controversies (CONy), will take place in Beijing, China, on October 14-17, 2011. The success of the previous CONy Congresses, which took place in Europe, paved the way for the first CONy Congress in the Far East. Academically the Scientific Program of the CONy Congress will again raise the most dynamic and controversial topics facing clinicians in the fields of neurology in an exciting debate forum. The Congress will promote excellence in the field by seeking to shed light on ongoing and challenging topics and to bridge gaps between the expansion of information and its consolidation in clinical practice. Our invited faculty will provide an excellent and challenging platform in which to discuss these current issues. Allowing ample time for speaker-audience discussion, the Congress aims at reaching up-to-date and agreed-upon answers to ongoing debates even when data remains limited, through evidence-based medicine and expert opinion. Participants will have the opportunity to take part in this vibrant meeting which will facilitate discussions on the shared experiences and opinions of leading local and international experts. The CONy Congress will emphasize issues related to the region in terms of epidemiology, genetics, diagnostics and clinical management, as well as typical complications and distinctive responses to treatments. We invite you to participate in our CONy Congress in Beijing, we also welcome you to view the Congress website for further information at: [www.comtecmed.com/cony](http://www.comtecmed.com/cony)!

Prof. Amos Korczyn, Prof. Wei Wei Zhang, Prof. Torbjorn Tomson CONy Beijing co-Chairpersons

**10. The Seventh International Congress on Vascular Dementia** (by Professor Amos Korczyn)

The Seventh International Congress on Vascular Dementia to be held in October 2011, will “face the challenges of dementia”, and once again be a showcase for the discussion of new developments in the field of dementia with a special emphasis on cerebrovascular diseases affecting cognition. This congress will be an excellent opportunity to deliberate on large and small vessel brain diseases and how they contribute to cognitive decline. We will try to identify specific biological and psychological markers, if any, of vascular dementia, and also the genetic factors involved. The overlap with Alzheimer's disease will be a central issue, as will be the white matter changes frequently seen in dementia. For details, visit the [congress website](#).

Taking place in the pristine and beautiful Latvian capital, Riga, this congress will unite specialists in the field, from around the world. Abstract submission has been extended to June 15, 2011.

Selected papers presented at the congress will be published in a special supplement of the Journal of the Neurological Sciences, following the congress.

## **11. Future Conferences, Meetings, Courses and Symposia of the International Danube Neurology Association**

### **11.1. The 44<sup>th</sup> International Danube Neurology Symposium**

**Time:** June 7-9, 2012 **Organized by:** Professor László Vécsei (Szeged, Hungary) **E-mail:** [vecsei@nepsy.szote.u-szeged.hu](mailto:vecsei@nepsy.szote.u-szeged.hu)

### **11.2. The 45<sup>th</sup> International Danube Neurology Symposium**

**Time:** 2013 **Organized by:** Professor Evzen Ruzicka (Praha, Czech Republic) **E-mail:** [eruzi@lf1.cuni.cz](mailto:eruzi@lf1.cuni.cz)

### **11.3. The 46<sup>th</sup> International Danube Neurology Symposium**

**Time:** 2014 **Organized by:** Professor V. Kostic (Belgrade, Serbia) **E-mail:** [vkostic@mail.neurologija.bg.ac.yu](mailto:vkostic@mail.neurologija.bg.ac.yu) or [vkostic@sbb.co.yu](mailto:vkostic@sbb.co.yu)

### **11.4. The 47<sup>th</sup> International Danube Neurology Symposium**

**Time:** 2015 **Organized by:** Professor H.-P. Hartung (Düsseldorf, Germany) **E-mail:** [hans-peter.hartung@uni-duesseldorf.de](mailto:hans-peter.hartung@uni-duesseldorf.de)

**For the Organization of the 48<sup>th</sup> International Danube Neurology Symposium (2016) applicants are welcome.**

## **12. Future Congresses, Meetings, Symposia**

### ***The 15<sup>th</sup> Congress of the European Federation of Neurological Societies (Budapest, Hungary, September 10-13, 2011)***



By kind permission of the EFNS.

**Congress Programme Committee:** Nils Erik Gilhus, *Norway*, Chairperson; László Vécsei, *Hungary*, Vice-Chairperson; Michael Brainin, *Austria*, Scientific Committee; László Csiba, *Hungary*; Marianne De Visser, *The Netherlands*; Rigmor Jensen, *Denmark*, EHF; Alla Guekht, *Russia*; Sámuel Komoly, *Hungary*; Jean-Marc Léger, *France*, Teaching Course Committee; Werner Poewe, *Austria*, MDS-ES; Hilka Soininen, *Finland*

**Chairman Local Arrangements Committee:** L. Vécsei

**Local Arrangements Committee:** D. Bereczki, L. Csiba, S. Komoly, Z. Nagy, I. Szirmai, J. Tajti

**Information:** EFNS Head Office; Tel: +43 1 889 05 03; Fax: +43 1 889 05 03 13;

Website: [www.efns.org](http://www.efns.org); e-mail: [headoffice@efns.org](mailto:headoffice@efns.org)

## **13. Present and Future Activities of the International Danube Neurology Association**

- The **Danube Neurology Association** fosters and coordinates fellowship programs for young neurologists from Danube Countries
- Coordination of future **Danube Neurology Symposia**
- The **Danube Neurology Newsletter** is available free of charge (also downloadable) on Internet in electronic version
- Information about future events (**Calendar of events**)
- We also consider as our task to help with the activity of the **EFNS** in the Danube-countries.

## **14. Finances of the International Danube Neurology Association**

According to previous decision of the Danube Neurology Curatorium Meeting, the financial sources of the International Danube Neurology Association from all kinds of symposia, conferences, meetings, teaching/training or other kinds of courses under the roof and auspices of our organization, are as follows:

According to a final report of the meetings, symposia, etc. to be handed in electronically to the Head Office in Szeged, Hungary, the financial surplus of all meetings should be divided 70:30 between the Local Organizers and the permanent International Danube Neurology Symposium Head Office in Szeged, Hungary. Or the amount of min. EUR 2,500 is to be transferred – together with the financial report – to the Head Office according to our invoice.

## **15. Web-site of the International Danube Neurology Association**

The home-page of the **International Danube Neurology Association** consists of:

- the contents of all Newsletter (Nr.1-20)
- Managing and Executive Board Members of Danube Neurology Association
- Past and future Symposia, Conferences, Meetings
- Other further important information.